

Flash Quotes

TIMING, RESULTS SERVICE &
DISTANCE MEASUREMENT BY**Jordan WILLIAMSZ (AUS)****1500m Men National A - Second, 3:38.30**

I was a bit tired but I just tried my best effort - it was a good battle for second place in the end. I'm improving with every run as it's been tough coming back from a break after the Commonwealth Games, I was sixth in the 1500m there.

I ran 3:38 the other day so today was like an equal season's best. Next, I'll run in Switzerland and head into a big training camp.

My aim this year is to finally break my personal best, I set it when I was 19 so it's time it goes.

10/06/2018 14:19

Jakob INGEBRIGTSEN (NOR)**1500m Men National A**

It was very hot out there. I still had my Bislett race in my legs but I am happy with another good race. In Oslo it was a tough race as I had to stay out in the front for so long. I was hoping for a decent race here today. I now need to rest and do a bit more training before the world juniors next month.

10/06/2018 14:27

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Flash Quotes

Sandi MORRIS (USA)**Pole Vault Women - WINNER 4.86m**

I am very pleased with my performance today. My goal was to get that meeting record at 86 and I also really wanted the world lead at 94 and I took three really good attempts at it but it was not at the height and right spot today but I am very happy with my performance today because it can be really hard to come overseas and perform. It is exhausting with flight delays so to still be able to perform to that calibre is a big deal. On the back of three good Diamond League performances this is important for the world rankings.

I want to be ranked number one and I am well on my way to doing that. I am happy. World number one and to win the Diamond League is my goal. I am going to chip away at these stadium records as well. I am going home to rest then I have the USA championships before heading back to Lausanne.

After the world indoors I have had some special tops made for my poles to avoid landing and getting bruised as I did in Birmingham. But that bruise and scar was worth it for the medal!

10/06/2018 15:10

Angelica BENGTSSON (SWE)**Pole Vault Women - Second, 4.65m**

It felt really good, it was stable and it was nice going 4.65m in the first try. It feels like I am getting there. I have 4.70-4.75m jumps in me now.

I'm getting in shape and today I started where I finished in Oslo. I will be able to jump very high, very soon.

Now I will push down the training a little bit. I don't want to get in shape too early in the season.

I will probably do some smaller competition next, before Solletuna GP June 28th, then we will see what comes next up.

10/06/2018 15:18

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Flash Quotes

Ivet LALOVA-COLLIO (BUL)**200m Women - Winner, 22.63 SB**

I love the crowd here and I love Stockholm, it's such a great place. It's always a pleasure to run here - I feel good and I'm really happy because I ran a fast time - I'm running my quickest times since the 2016 season, which is great.

I'm going to double in Berlin (at the European Championships in August) and I hope to get a medal in both the 100m and 200m. Next though, I will race in Bern, Switzerland.

10/06/2018 15:37

Beth DOBBIN (GBR)**200m Women - Second - 22.83**

I am very happy. It is a bit of a blur. It is my first ever Diamond League so I did not on myself so a PB is great and I can not complain about that.

My season is going perfectly - I really did not expect any of this so soon. I certainly did not expect to break 23 seconds so I am really, really pleased. This winter has been a bit different as my aim is to move up to 400m next year so I have been doing lots of longer stuff and it is clearly paying off as I felt strong at the end out there.

I am resting now then some more training until the British Trials and I want to qualify for the European Championships there.

10/06/2018 15:37

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Hassan TAFTIAN (IRI)**100m Men - Winner, 10.07 SB**

It's the start of the season still so I have to keep working hard as the goal is the Asian Games which is still a long way away, so I have a lot of time to train for it.

This is my fourth win of the season so far and I will be focusing on both the 100m and 200m this season. I will target them both at the Asian Games and my big aim for the summer is to run under 10 seconds.

10/06/2018 15:56

Abderrahman SAMBA (QAT)**400m Hurdles Men - Winner, 47.41 DLR, MR, AR; PB**

I was looking for something big and I got that today, I'm very happy and excited for the rest of the season. The weather was not great - it was windy on the back straight so that made us push too hard, but it was no problem and it was amazing to get the IAAF Diamond League record and a PB today.

It's great we have raced in the last three races (with Warholm) - it makes it more fun and more exciting. Now I will get back into training and then I might compete in Paris at the next IAAF Diamond League.

10/06/2018 16:12

Murielle AHOURE (CIV)**100m Women - Second, 11.03**

I did not get out as well as I should so the start was not good, but the next race will be better. I did not put the best race together today but I am confident of running well next time.

10/06/2018 16:30

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10/06/2018 16:32

Karsten WARHOLM (NOR)**400m Hurdles Men - Second 47.81**

It is always fun to get a personal record and to keep improving. I won the world champs (IAAF World Championships) last year so I knew that some of the guys will want to run fast against me this year so since then I have done all the work that I can and now we are seeing the results. But of course I still have some guys to chase.

But I am getting closer each race so today I was pushing Samba. He was the better man, of course, but I felt like I did my job and I had so much fun especially with a PB as well you have to be happy.

I spoke to the great Ed Moses last year and he said consistency is the most important thing and my coach has told me the same for a very long time and now I have been able to show it - with three good results.

The perfect race will come some time. I am pushing the limits all the time.

Now I can recover and that is easy after such a good performance.

10/06/2018 16:33

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Flash Quotes

Juan Miguel ECHEVARRÍA (CUB)**Long Jump Men - Winner, 8.83m WL, DLR, MR**

Today, I wanted over 8.50m but I didn't think I could jump so far! I want to jump at this level for a long time but it's early season so I will just take it all step by step. I'm not even thinking about nine meters - I will have to keep working very hard in order to jump that, it is a huge barrier.

The pressure on me was good today and it was good competing against the top guys. Next, I will jump in London and Zurich.

10/06/2018 16:41

Peter BOL (AUS)**800m Men - Winner, 1.44.56 PB**

It felt really good today, I only came here two days ago, I did not know I was going to race then.

This was one of my best races ever and I really love this track, it is one of the best I ever raced in and I love the crowd.

I dont know what is up next, but I feel strong.

10/06/2018 16:45

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Erika KINSEY (SWE)**High Jump Women - Third, 1,94m SB**

It was hard today and it was difficult not having my trainer with me, so I am really happy to reach over 1.90m today and it was great that it was enough for a third place.

I do not have any specific goal right now, I just want to be in shape for the European Championships in August.

It feels amazing to compete at home, it is a great feeling.

10/06/2018 16:52

Dina ASHER-SMITH (GBR)**100m Women - Winner 10.93**

I am really happy that I was able to reproduce that time (from Oslo) because I am an excitable person so when I do something good I normally take a little bit of time to come down so the big thing for me was controlling my excitement and not getting psychologically drained between races. So I am really happy that I was able to do that.

It is part of the job to make sure to sleep and be sensible between races especially this early in the season.

I was especially happy with the second half of the race. The start wasn't quite what I wanted but after that I was happy with how I came through as this is what my coach and my team have been working on.

Now I can go and recover and head home for the trials. (British Championships).

10/06/2018 16:53

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Flash Quotes

Selemon BAREGA (ETH)**5000m Men - Winner, 13.04.05 WL**

It was not a good time but the pacemaker was not good, I wanted under 13 minutes but I hope to do it next time.

10/06/2018 17:02

Salwa Eid NASER (BRN)**400m Women - Winner - 49.84 NR PB**

It was a good performance on the back of Oslo but I am exhasuted in the heat.

I am very pleased with my personal best. I am happy with my time. I just tried to execute my race. I do not check who is coming for me, I just go.

I do not know what is next yet. I will speak to my coach.

10/06/2018 17:12

Phyllis FRANCIS (USA)**400m Women - Second, 50.57 SB**

It wasn't bad for my third 400m of the season but now I'm looking forward to progressing further. I'm happy with a season's best today but there's more to come. I'm starting to feel more familiar on the track now, having incorporated more 200m's into my training. I'll run in the Paris IAAF Diamond League.

10/06/2018 17:14

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Flash Quotes

Danielle WILLIAMS (JAM)**100m Hurdles Women - Second, 12,48 PB**

It was awesome, it is my first time here in Sweden and I am really enjoying it.

It was not the best exhaustion, I hit a couple of hurdles but it went well and I am happy to do a personal best here today.

Next up for me is the national championships in Jamaica, it will be fun, I am in great shape.

10/06/2018 17:20

Brianna McNEAL (USA)**100m Hurdles Women - Winner, 12.38 WL MR**

I knew that once I put the race together then I would get a great time, so I'm grateful for the opportunity to be here with these great girls and such a supportive crowd.

I felt like the girls pushed me but I felt strong in the end, despite not having the best start. I did not even know until today that a meeting record got you a diamond but that is not my motivation to be here.

The IAAF Diamond League is very important to me this year with the Americans not having a major championships. so I want to win the Diamond League series so I can get a bye to compete for the US team at the IAAF World Championships in Doha next year.

I will next compete in Budapest and in Rabat.

10/06/2018 17:24

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Sadik MIKHOU (BRN)**1000m Men - Second, 2.16.09 PB**

I am very happy to end up with a second place in this race.

I felt really strong during the whole race, it was a perfect race for me and it felt nice to run a personal best.

10/06/2018 17:34

Aaron BROWN (CAN)**200m Men - Second, 20.07**

I could have executed better but I finished strong and you always have to be happy with a top three in an IAAF Diamond League meeting. I always want more, especially after Oslo went so well (his first sub-20 second run) but it's all about perspective, my goals are changing.

I now just need to make sure I run well at the US Championships at the end of the month.

10/06/2018 17:44

Ferguson Cheruiyot ROTICH (KEN)**1000m Men - Winner 2:14.88 PB WL**

It was hard work. It was very hot but it was hot for everyone so it is important to deliver. I enjoyed the crowd as they have come to see me so it is great for me.

I love Stockholm. I have won here before so I think Stockholm likes me.

I have run the distance before and enjoy it.

10/06/2018 17:48

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Flash Quotes

Fedrick DACRES (JAM)**Winner, 69.67m MR, WL, PB, NR**

It felt really good today, I felt strong. The crowd here is really supportive and I like the atmosphere a lot. I was great to be back here at the stadium, and like last year, end up with a win. And this year also bringing home a diamond, that is great.

It was good to bounce back since the last competition, but actually I think that I could have done even better today.

10/06/2018 17:56

Ramil GULIYEV (TUR)**200m Men - Winner - 19.92**

It was really hot today. I wanted a better time but it was ok. I had Oslo and now I go to Ostrava to try again so I have three days rest.

I am happy that I performed today given the level of competition. I think I can go better and build a good time for the European Championships.

10/06/2018 18:03

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Flash Quotes

Lorraine UGEN (GBR)**Long Jump Women - Winner, 6.85m SB**

I came out trying to win and I knew I could get the big jumps in but because I was injured during the indoor season, I've been struggling to find my rhythm until today, luckily.

It was a great competition and it was nice to be competitive amongst some good girls. I've been injury-free for a while so I'm feeling better on the runway.

Next, I'll compete in Madrid and then the British Championships.

I always want a medal in a championships so I hope to get a medal in Berlin (at the European Championships in August), but this year is all about having fun and enjoying competing.

10/06/2018 18:04

Armand DUPLANTIS (SWE)**Pole Vault Men - Winner, 5.86m**

It's my first IAAF Diamond League victory and of course, I love it here - the crowd were fantastic and I really felt their support.

I felt good and I found my rhythm well. Sam (Kendricks) kept me fired up, as well as the crowd and they took me to some high heights.

I knew I had a good chance to win and now I really want to be the last man standing in Berlin (at the European Championships in August). Today has given me great confidence.

10/06/2018 18:08

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Flash Quotes

Laura MUIR (GBR)**1500m Women - Second - 3.58.53**

It is hot so I tried to warm up in the shade as much as I could. I am really pleased with that with another 3.58 and another second off what I ran in Pre (Prefontaine Classic, Eugene DL).

I knew my own pacing so I knew what I had to do. I think I judged it well with good splits. I did not have enough time to catch the first place but 3.58 is very pleasing.

Two fast races and running sub 2 (in Oslo for 800m) and sub 4 back to back is always great. That is my last race before the Trials as well (British Championships) so I am gearing up to that now.

10/06/2018 18:08

Sam KENDRICKS (USA)**Pole Vault Men - Second, 5.81m**

Second place always means you had good competition and I saw a lot of cool things today.

I got weak at the end but Mondo (Duplantis) had a great competition and he picked the good bars. We spoke to each other during the competition and took it in turns to apply the pressure.

I felt tired after competing in Germany (on Thursday evening) but it's not an excuse because I chose to compete here. Next, I will jump in the Golden Spike meeting in Ostrava.

10/06/2018 18:11

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Flash Quotes

Gudaf TSEGAY (ETH)**1500m Women - Winner 3.57.64 PB MR**

Today I am happy because I have run well and I felt strong. The field was very high quality. I was confident.

Now I want to improve my time so a good time is my target.

10/06/2018 18:16

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